

Automatic Upper Arm Blood Pressure Monitor  
**M6 Comfort (HEM-7360-E)**  
**X6 Comfort (HEM-7360-EO)**

**Read Instruction manual ① and ② before use.**

- FR** Lire le mode d'emploi ① et ② avant l'utilisation.  
**DE** Lesen Sie vor der Verwendung Gebrauchsanweisung ① und ②.  
**IT** Leggere il manuale di istruzioni ① e ② prima dell'uso.  
**ES** Lea el manual de instrucciones ① y ② antes del uso.  
**NL** Lees gebruiksaanwijzing ① en ② voor gebruik.  
**RU** Прочтите руководства по эксплуатации ① и ② перед использованием.  
**TR** Kullanmadan önce, kullanım kılavuzu ① ve ②'yi okuyun.

**AR** اقرأ دليل الإرشادات ① و ② قبل الاستخدام.

EN
FR
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Symbols

Symboles / Symbole / Simboli / Símbolos /  
Symbolen / Символы / Semboller / الرمز

All for Healthcare

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**EN**

**1. Introduction**

Thank you for purchasing the OMRON Automatic Upper Arm Blood Pressure Monitor. This blood pressure monitor uses the oscillometric method of blood pressure measurement. This means this monitor detects your blood movement through your brachial artery and converts the movements into a digital reading.

**1.1 Safety Instructions**

This instruction manual provides you with important information about the OMRON Automatic Upper Arm Blood Pressure Monitor. To ensure the safe and proper use of this monitor, READ and UNDERSTAND all of the safety and operating instructions. **If you do not understand these instructions or have any questions, contact your OMRON retail outlet or distributor before attempting to use this monitor. For specific information about your own blood pressure, consult with your physician.**

**1.2 Intended Use**

- DO NOT use this monitor in areas containing high frequency (HF) surgical equipment, magnetic resonance imaging (MRI) equipment, computerized tomography (CT) scanners. This may result in incorrect operation of the monitor and/or cause an inaccurate reading.
- DO NOT use this monitor in oxygen rich environments or near flammable gas.
- Consult with your physician before using this monitor if you have common arrhythmias such as atrial or ventricular premature beats or atrial fibrillation; arterial sclerosis; poor perfusion; diabetes; pregnancy; pre-eclampsia or renal disease. NOTE that any of these conditions in addition to patient motion, trembling, or shivering may affect the measurement reading.
- NEVER diagnose or treat yourself based on your readings. ALWAYS consult with your physician.
- To help avoid strangulation, keep the air tube and AC adapter cable away from infants, toddlers and children.
- This product contains small parts that may cause a choking hazard if swallowed by infants, toddlers and children.

**AC Adapter (optional accessory) Handling and Usage**

- DO NOT use the AC adapter if this monitor or the AC adapter cable is